

## REPORT OF COUNSELLING CENTRE 2014 – 2015

The Counselling centre “**Thanal**” always tries to guide and help students in need of psychological counselling. Regular sessions by trained experts are also conducted for students. On 11.07.2014 Swami Atmananda engaged a session on “**Enneagram**” which was highly appreciated by the students.

During this academic year 21 students approached us for counselling. Follow up meetings were conducted for resolving their problems. The counselees experience various psychological issues. These are either academic problems like difficulties in some subjects or anxiety during examination or personal problems like family issues, love affairs or cyber stalking. The students have expressed satisfaction with the counselling process.

**Koyilandy**

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