

**R. Sankar Memorial SNDP Yogam Arts & Science College,
Koyilandy**

Annual report Of Walk with a Scholar Programme 2018-19

Walk With a Scholar programme, a new initiatives of the department of collegiate education Government of Kerala started in the college in the academic year 2014-15. This programme is based on the idea of mentoring in which the external and internal mentors, using their expertise and resources facilitate the development of mentees.

On receiving intimation from the WWS authorities, Mrs. Hridya G, Asst. Professor, Department of Computer Science of this college was selected as the coordinator and 10 teachers were selected as internal mentors in the staff council meeting. Soon after the training programme for the coordinator and receipt of funds, six meritorious students who are interested from each class of I and II years of five departments were selected. In a meeting of the internal mentors, internal mentors were provided with the guidelines issued by the WWS authorities and copies of other materials provided at the training programme and the necessary modalities were chalked out.

Internal Mentoring Sessions

WWS programme was organized in the most benefitting manner. We were able to scaffold the students in a very meaningful manner through the contracting phase, supporting phase, reviewing phase and recognition phase. The SWOT analysis strategy enabled us to guide the students keeping in mind their individual and socio-cultural differences. For this reason we were able to guide the learner through the right path to reach the right place. It was generally agreed that the internal mentoring may be with special emphasis on general skills taking into account the need of every students in the group. At the end of the mentoring session each internal mentor submitted a report to the coordinator after a performance analysis.

External Mentoring Sessions for I years

External mentoring session is an important session in the WWS Programme. This effective strategy enabled the students to broaden their vision about their post graduate anxieties and professions.

One of the external mentoring session was 'Group Dynamics & Leadership' handled by Siju KD, Asst. Prof of Malayalam, CKGM Govt. College Perambra. Various activities and interactive sessions were introduced to the students to enhances the leadership capabilities in life. This programme also enriched their interest in cocurricular activities.

'Goal Setting & Gender Sensitization' was the session taken by Smt. Sangeetha G Nair, Asst. Prof of English, SNGC Chelannur. This session enabled the students to set their goals and plan their curriculum.

T. Abdul Salim , Coordinator, Vijayabheri Educational Project, Malappuram Dt. Handled the session called 'Key To Success'. This was one of the best topic based presentation arranged for our most deserving students. The person concerned explained the topic very well and in a very effective manner. It was highly interactive. So the students were able to clear their doubts in this field of study. The session was very motivating and it increased the confidence level and learning skills of our participants.

'Personality Development' was the session taken by Er: Manalil Mohanan, Former Director, STED, Science & Technology Dept, Govt. of Kerala. It was a very important programme that help the students to come out of their shell by shedding their fear and inferiority complex. This session played a vital role in increasing their self confidence. The activities that were organized enabled the students to improve their presentation skills along with the communication skills. They were able to manage their stage fear and improve their presentation skills by participating in the various activity oriented programmes.

'Resume Preparation & Career Planning' was the session handled by Leo Zacharia, Manager IIAT, Calicut. In order to prepare the resume and plan their career we organize these sessions. This helped them to increase their confidence and helped them to choose the appropriate career.

‘Civil Service As a Career Option’ was the session taken by C K Ramachandran, IAS(Retd.), Civil Service Academy, Calicut. In this session he introduced all the areas of civil service and also motivated and attracted the students to civil service area.

The session ‘Happiness ‘ was taken by Muhammed Shafeeq M, Consultant Psychologist, Mindplus Psychological Services, Thalassery. Nowadays the students face emotional problems , learning problems, family related problems, social issues etc. In spite of all these problems the session helped the students to understand how to be happy with small things.

External Mentoring Sessions for II years

‘Future of Jobs’ was a session taken by Umer Abdussalam T, Faculty, KSCA, CEO, Ed. Tech start up – Edapt. To zoom up the students talent and to enable them to get prepared for civil service exams.

Libeesh P C, Asst. Professor in Commerce, TIPS College of Arts & Science, Coimbatore was taken sessions on ‘Time Management & How to Reduce Fear’. This was one of the best topic based presentation arranged for our most deserving students. The person concerned explained the topic very well and in a very effective manner. It was highly interactive. The session helped the students to manage everything in timely manner without any fear.

Soumya Bhushan, Sub Editor, Mathrubhumi MM Press, Calicut discussed about ‘Career & Higher Studies’. She also explained the various opportunities in MASS media. This influenced the students a lot.

Dr. Babu P K, Asso. Professor & Principal, MES College, Mampad was taken sessions on ‘General Communication Skills in English’. This class helped the students to improve their communication skills. The session fully interactive with many activities.

In the next session students were provided opportunities to mingle with eminent personality Ms. Anju KS, Asst. Collector Kozhikode, for motivational talk. In this session students got opportunity to clear their doubts regarding civil service and the way she achieved her career.

Arathi Bhadra, Psychologist delivered a presentation on 'Mental Flexibility'. Our students face multiple issues that bother them and turn their attention for from academic performances. Hence it is the responsibility of the mentor to provide them with a academic help, emotional support, career planning. Individual and group activities were given in a balanced and unbiased manner to increase their mental ability.

Mock Interview & Group Discussion

A full day session of 5 hours provided for second year students for mock interview & group discussion. The session was handled by Alex Mathew, Director, T-Horizon, Muvattupuzha. This helped the students to made aware of facing interview & also helped to know how to participate in GD.

Study Materials of worth Rs 30000/- has been purchased and kept in the library for the usage of WWS Scholars. The books are useful and informative and meant exclusively for competitive exams.

A Stationery Kit of worth Rs 40/- is distributed to each of the WWS scholars. Refreshments were also provided to the students during external mentoring classes.

Inspite of all the time limitations the WWS Programme has been implemented in an effective and efficient manner in our college

Coordinator (wvs programme)

Principal













