

## **R.Sankar Memorial SNDP Yogam Arts & Science College, Koyilandy**

### **Report of the activities of Women's Development Cell 2018-2019**

The Women's Development Cell started the academic year with a talk and discussion on the topic "**Kerala Women through the Years**" on 18<sup>th</sup> July 2018 which was organized by Women's Forum and chaired by the Principal Dr. V Anil. Many members of the staff and students participated in the function.

The next programme was on November 1, Kerala Day, when **Kerala Piravi Celebrations** were held. It was the 62<sup>nd</sup> birth anniversary of the state of Kerala. A debate on the topic "**Women and Social Justice**" was organized in which students from different departments took part. Cultural programmes based on Kerala history and culture were presented by the students.

The Women's Development Cell in association with National Commission for Women conducted a **competitive examination on the legal rights of women** on 12<sup>th</sup> Dec 2018 as per the direction of the Higher Education Department of Kerala. 82 students competed and the winners were honoured in a special meeting.

*Panache*, a **3 day residential camp for girls** was held from 11<sup>th</sup> Jan 2019 to 13<sup>th</sup> Jan 2019. 26 girls participated in the camp. Experts from various fields like business, counselling, Taekwondo and so on handled the sessions. V S Anita and Vidhya Viswanathan were the camp coordinators. The camp attempted to empower girls through interaction with various ladies who had attained success in their fields.

The **International Women's Day** on 8<sup>th</sup> Mar 2019 was celebrated with a slew of programmes. A **Walk and Run for gender equality** was flagged off from the town of Koyilandy till the college, a distance of almost 3 kms. 520 students, members of the teaching and non-teaching staff cooperated in this unique event. The programme was sponsored by Ramco Cement.

On the same day, **Smt Lakshmiamma**, a 98 year old native of Perambra was honoured. She is an **avid reader** who still reads all newspapers, novels and books she comes across. In the interactive session she shared her great love for reading and exhorted students to read extensively. The programme was not only an opportunity to pay tribute to an elderly person but also helped to instill a love for reading in the students.

**Quiz competition** was another highlight of the International Women's Day. 36 students participated in the quiz based on women centric topics. The winners were felicitated and given prizes.

The **Zumba Performance** by the members of Kreedaa Fitness Centre was the last event of the day. Mrs. Mini P S, proprietor of the fitness centre, spoke on the significance of fitness among girls and women and exhorted the students to stay fit to ward off lifestyle diseases.

Coordinator

PEARL